



Daily 12pm to 3.30pm / 6pm to 9.30pm. 6% SST & 10% non member surcharge applies

小吃 TO START

	Members' Price
1 炸魚餅 Fried Fish Cake	RM15.00
2 香脆龍脷魚 CRISPY FLOUNDER	RM19.00
3 椒盐墨魚 SALT & SPICED CUTTLEFISH	RM25.00
4 咸蛋墨魚 SALTED DUCK EGG CUTTLEFISH	RM25.00
5 泰式墨魚 STEAMED CUTTLEFISH WITH THAI SALSA	RM25.00
6 鱼丸紫菜汤 HOME-MADE FISH BALLS & SEAWEED SOUP	RM12.00
7 鱼丸苦瓜汤 HOME-MADE FISH BALLS & BITTERGOURD SOUP	RM12.00
8 苦瓜石斑鱼片汤 GAROUPA FILLET & BITTER GOURD SOUP	RM15.00
9 紫菜石斑鱼片汤 SEAWEED GAROUPA FILLET SOUP	RM15.00

招牌石斑鱼头 SIGNATURE GAROUPA FISH HEAD

(for 4-6 pax. Approx. 1.5kg weight. Requires 20min cooking time)

10 适耕庄古式蒸 STEAMED SEKINCHAN STYLE WITH BERMUDA ONIONS, GREEN LIME, CHILLI PADI, CORRIENDER AND SPRING ONION	RM175.00
11 潮州蒸 STEAMED TEOCHEW STYLE WITH TOMATO, SALTED VEGI, TOFU & SOUR PLUM	RM175.00
12 娘惹咖喱 NYONYA CURRY WITH EGGPLANT, LONG BEANS & PUFF TOFU	RM175.00
13 娘惹酸辣 NYONYA ASAM WITH LADIES FINGER & TOMATO	RM175.00

野生海鱼 SEKINCHAN SEA FISH (20 min cooking time)

	Members' Price
(COOKING STYLE: 香港蒸HK STEAMED, 潮州蒸TEOCHEW STEAMED,油浸PAN FRIED)	
15 斗鲳 WHITE POMFRET (whole fish approx. 550gm)	RM95.00
16 马友鱼 SENANGIN/THREADFIN (approx. 700gm)	RM65.00
17 龍脷鱼 FLOUNDER (approx. 500gm)	RM55.00

鱼片 FISH FILLET

18 适耕庄酸辣焗石斑鱼片 CLAYPOT BRAISED GAROUPA IN SPICY & SOUR SAUCE	RM35.00
19 适耕庄酸辣焗魔鬼鱼 CLAYPOT BRAISED STINGRAY IN SPICY & SOUR SAUCE	RM35.00
20 姜葱炒石斑鱼片 SAUTEED GAROUPA FILLET WITH GINGER & SPRING ONION	RM35.00
21 咖喱魔鬼鱼 CURRY STINGRAY WITH LADIES FINGERS	RM35.00

海鲜 KELONG SEAFOOD

22 参巴墨鱼会臭豆 SAMBAL CUTTLEFISH WITH PETAI	RM27.00
23 适耕庄酸辣墨鱼 SPICY & SOUR CUTTLEFISH SEKINCHAN STYLE	RM25.00
24 椒盐墨鱼 SALT & SPICE CUTTLEFISH	RM25.00
25 参巴明蝦会臭豆 SAMBAL WILD PRAWNS WITH PETAI	RM37.00
26 清蒸明蝦 STEAMED WILD PRAWNS WITH THAI CHILI DIP	RM35.00
27 蛋白蒸明蝦 STEAMED WILD PRAWNS IN EGG WHITE	RM35.00
28 海鲜焗豆腐 SEAFOOD TOFU POT (PRAWNS, CUTTLEFISH, FISH FILLET)	RM38.00

粥粉面饭 NOODLES / RICE / PORRIDGE

29 鱼丸紫菜米粉汤 HOME-MADE FISH BALLS & SEAWEED BEE HOON SOUP		RM15.00
30 鱼丸苦瓜米粉汤 HOME-MADE FISH BALLS & BITTERGOURD BEE HOON SOUP		RM15.00
31 石斑鱼片苦瓜米粉汤 GAROUPA FILLET & BITTER GOURD BEE HOON SOUP		RM29.00
32 石斑鱼片紫菜米粉汤 GAROUPA FILLET SEAWEED BEE HOON SOUP		RM29.00
31 斗鲳苦瓜米粉汤 WHITE POMFRET & BITTER GOURD BEE HOON SOUP		RM65.00
32 斗鲳紫菜米粉汤 WHITE POMFRET & SEAWEED BEE HOON SOUP		RM65.00
34 海鲜焗米粉 SEAFOOD BEEHOON		RM29.00
35 海鲜焗饭 STEW SEAFOOD RICE		RM29.00
36 斗鲳粥 WHITE POMFRET PORRIDGE	小 SMALL (1-2 PAX)	RM65.00
37 斗鲳粥 WHITE POMFRET PORRIDGE	大 LARGE (3-4 PAX)	RM130.00
38 石斑鱼片粥 FILLET OF GAROUPA PORRIDGE	小SMALL (1-2 PAX)	RM50.00
39 石斑鱼片粥 FILLET OF GAROUPA PORRIDGE	大 LARGE (3-4 PAX)	RM95.00
40 海鲜粥 SUPERIOR SEAFOOD PORRIDGE	小SMALL (1-2 PAX)	RM45.00
41 海鲜粥 SUPERIOR SEAFOOD PORRIDGE	大LARGE (3-4 PAX)	RM85.00
42 斗鲳广府炒 WHITE POMFRET KONGFUCHOW*	小SMALL (1-2 PAX)	RM65.00
43 斗鲳广府炒 WHITE POMFRET KONGFUCHOW*	大 LARGE (3-4 PAX)	RM130.00
44 石斑鱼片广府炒 GAROUPA FILLET KONGFUCHOW*	小SMALL (1-2 PAX)	RM50.00
45 石斑鱼片广府炒 GAROUPA FILLET KONGFUCHOW*	大 LARGE (3-4 PAX)	RM95.00
46 海鲜广府炒 SEAFOOD KONGFUCHOW*	小SMALL (1-2 PAX)	RM50.00
47 海鲜广府炒 SEAFOOD KONGFUCHOW*	大 LARGE (3-4 PAX)	RM95.00

* CHOOSE阴阳 YINYONG, 糍條KUEHTEOW OR 米粉CRISP BEEHOON

